

Typhoid and Paratyphoid Fever



Infectious Disease
Epidemiology &
Prevention Division

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What is Typhoid and Paratyphoid?

Typhoid and Paratyphoid fever are illnesses caused by a kind of *Salmonella* bacteria, *Typhi* and *Paratyphi*. Chances for exposure to this bacteria are highest during international travel. The bacteria are spread through water, food, drinks, and can also be spread person to person.



Why do I need to stay home?

- To protect vulnerable populations from getting sick
- Resting at home allows your body to recover faster
- Typhoid and Paratyphoid fever is contagious and can spread easily without proper handwashing

If you work in, attend or visit a high-risk setting, extra exclusions may apply



School attendee

Indiana code requires the following before returning to school:

- Three consecutive negative stool and/or urine cultures have been collected at least 24 hours apart, at least 48 hours after completion of prescribed treatment, and at least one month after symptoms start **and**
- Symptoms stop for more than 24 hours **and**
- Receiving education on how to prevent this illness at home and at school



Childcare/school attendee

Indiana code requires the following before returning to work or attending childcare:

- Three consecutive negative stool and/or urine cultures have been collected at least 24 hours apart, at least 48 hours after completion of prescribed treatment, and at least one month after symptoms start **and**
- Symptoms stop for more than 24 hours **and**
- Received education on how to prevent this illness at childcare and at work

For more information, visit the Indiana Department of Health Typhoid and Paratyphoid Fever webpage.



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Aquatic venues (e.g., swimming pools, whirlpool spas, wading pools, water parks, interactive fountains, lakes)

Indiana code requires patient to be excluded from aquatic venues until:

- Symptoms stop for longer than two weeks



Food Service

Indiana code requires the following before returning to work until all of the following have occurred:

- Three consecutive negative stool and/or urine cultures have been collected at least 24 hours apart, at least 48 hours after completion of prescribed treatment, and at least one month after symptoms start **and**
- Symptoms stop for more than 24 hours **and**
- Received education on how to prevent this illness at home and at school
- **Contact your county health department for additional guidance**



Healthcare and long-term care facilities

Indiana code requires the following before returning to work until all of the following have occurred:

- Three consecutive negative stool and/or urine cultures have been collected at least 24 hours apart, at least 48 hours after completion of prescribed treatment, and at least one month after symptoms start **and**
- Symptoms stop for more than 24 hours **and**
- Received education on how to prevent this illness at home and at school

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